

**FARMING WITH PURPOSE:** HOW NMAP **SUPPORTS INDIVIDUALS WITH I/DD THROUGH** ADAPTIVE APPRENTICESHIP

### NORMS

### Please feel free to...

- Move about
- Ask questions
- Fidget
- Take breaks
- Drink water!

## **LEARNING OBJECTIVES**

Learn about:	An innovative and replicable model of collaboration within SRAPs to provide direct assistance to farmers with Intellectual and Developmental Disabilities; the lived experiences of graduated apprentices about tangible impacts of adaptive agricultural apprenticeship programming on their lives
Develop:	An understanding of possible funding sources and partnerships
Apply:	techniques/tools to enhance accessibility for farmers with I/DD



Introduction/Day in the Life Routine

Program Overview



### **TIME TO STRETCH!**



Please participate in the ways that feel comfortable for you

- Seated chair stretch
- Standing stretches

## BIO

Sophie Trusty; she/her/hers

AgrAbility Apprenticeship Program Director Mandy's Farm Albuquerque, NM

Sophie joined Mandy's Farm in 2020 serving as an AmeriCorps member before moving into roles as Program Coordinator and Program Director, supporting the growth of the VAMOS and AgrAbility Apprenticeship Programs.

Sophie holds a Bachelor's degree in Sustainable Agriculture and Food Systems from UNH with an emphasis on "Community Based Education and Change". Prior to her work at Mandy's Farm, Sophie worked within a public schools setting supporting individuals with developmental disabilities for several years. Sophie is proud to work in an organization that honors and prioritizes the individuals we serve.



Join at menti.com | use code 1522 7369

#### Mentimeter

٠

### What are you most interested in learning about in this session?

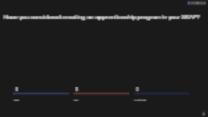
1st Funding possibilities

2nd Day in the Life of the Program

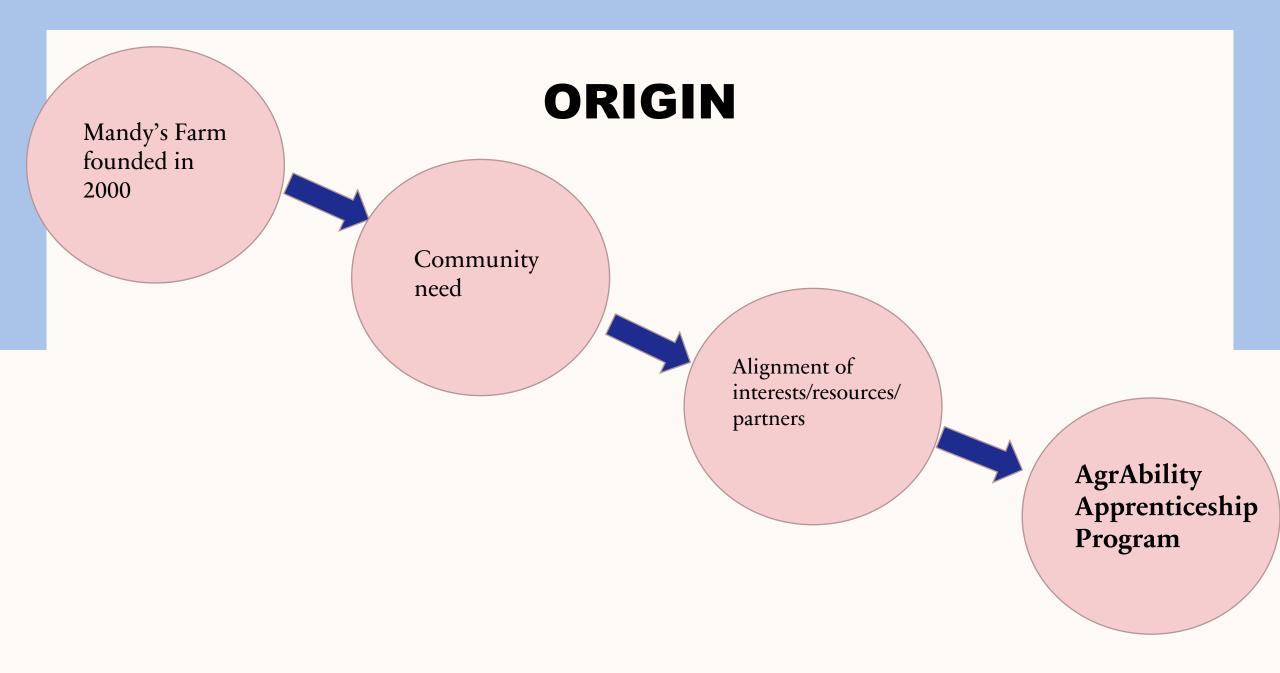
3rd Tools for accessibility

4th Other

Menti NTW Choose a slide to present What stals/region are you representing today? How are you teeling right now?



what are you most interveled in learning about in this section?



Approved for first cycle of USDA NMAP funding 2018-2022

- Part time training program offered
- Developed funding structure with NM DVR
- First full-time Apprenticeship Program began February 2023

Received second cycle of funding 2022-2026

- First graduating class December 2024
- Second apprenticeship cohort began March 4, 2025

## PROGRAM Structure

Staff:

Program managers
Program assistants:
Job coaching, field support

- First cycle: 7 graduatesSecond cycle: 6
- Apprentices:
- Second cycle: 6 apprentices enrolled
  - Receive \$600 monthly stipend



- 2 year apprenticeship program
- Apprentices complete 1,800 hours of instruction and field work
- Receive monthly stipend through DVR
- •UNM OT students provide assessments
- Apprentices supported to enter employment post-program





Year One: focus on agricultural basics, classroom instruction, work skills





Year Two: foster independence through 2 days/week off-site internship, personal plots, job development



Key Program Components

- Person centered supports
- Consultation from UNM OT
- Consultation from NMTAP on assistive technology
- Employment values:
  - Paid work
  - Focus on transition to Community Integrated Employment

### PHYSICAL ACCESSIBILITY









### **COGNITIVE ACCESSIBILITY**



To T.	20:		3/3	1/2	2	Doing	2	Done	o •	Biear
3/31 3	etter a	Phep Zone Z Rows	1.000	-	Yazmine	101			Orgonize Shelves	
3/31		Plaster Green house		Guthrie			E	-	E	Zak
3/31		D		421	(1)	E	£		12	Isaac
3/31	421	12	113	123	11	10	E	÷ ±	Water greenhouse	Ryan
3/3/	G	13				43	Ð			c
4/3	•••••	Scan Field for Rocks		123	D		D		4	
4/3	A A A			11				L	,	-
4/4		Transplant Onions					13	-	6.000	AC AS
					1 1	1-1-		U I I I I		an Frank

### **COGNITIVE ACCESSIBILITY**





### **FUNDING SOURCES**

### USDA NMAP

USDA BFRDP awarded for 2024-2025 (simplified standard)

### NMDVR

NMDA HSP (for soil remediation)

Local foundations



– Issac W., Mandy's Farm Apprentice

"Todos trabajan juntos a pesar de lo diferentes que somos".

- Issac W., Aprendiz en la Mandy's Farm

At Mandy's Farm, the team includes ateff asitiants, who work together to learn about regenerative farming practices, grow food, and build community.

En Mandy's Farm, el equipo está compuesto por personal, asistentes y apendices que aprender sobre prácticas agricolas agrender sobre regenerativas, cultivar alimentos y construir comunidad.

MANDY'S farm

### IMPACT

REALLY ENJOYED BEING A PART OF AGRABILITY, THE PEOPLE I HAVE MET ARE MY FAMILY, I WILL MISS SEEING THEM AND THE FARM EVERYDAY, AT MY IRONWOOD INTERNISHIP I LIKED SPENDING TIME OUTSIDE AND WITH THE FARMERS. WE HAVE GONE ON LOTS OF FIELD TRIPS AND HAD LOTS OF GOOD TIMES. I HAVE LEARNED ALOT ABOUT FARMING, LIKE HOW I DON'T LIKE SAND BURS. AGRABILITY HAS BEEN REALLY GREAT AND I WANT TO THANK MY FRIENDS, DAUGHTERS, AND FAMILY FOR SUPPORTING MY JOURNEY!

GABE SPEECH



### **BIG CHANGES...**





## **BIG CHANGES...**





### **SNEAK PEEK**



(0)

iiii

Ð

Inbox

턌

G

Mandy's Farm > Assignments > Module 1: Farm Safety \_

6d View as Student

Sedit Assignment Settings

#### Home Account Announcements Ø Assignments Dashboard Discussions Grades Courses People Calendar Pages Files Syllabus SCORM History Ø Outcomes Studio Studio **Rubrics**

### Module 1: Farm Safety

Module 1: Farm Safety

START COURSE



# **CHALLENGES**

- Funding
- Stigma
- Soil remediation
- Zoning

### **IN THEIR OWN WORDS...**



### **THANK YOU!**

## **QUESTIONS?**

sophie@mandysfarm.org 505-796-8260