



MAINE AgrAbility

A DEEP Dive Into Working Waterfront Cultural Competencies

with Maine AgrAbility
Antonia (Toni) Small, E-RYT, YACEP
Bella Russ, AgrAbility Program Coordinator

PRESENTERS



Antonia Small, E-RYT 500, YACEP, Oryx Worx LLC, Ice House Seafood LLC

Toni has been teaching yoga and fitness to older students from Port Clyde, Maine for over a decade. She began oyster farming on the side with her husband John, a fisherman, in 2016. Her work with FishAbility began in 2021.



Bella Russo, AgrAbility Program Coordinator, RYT 200

Bella has been farming for the last nine years throughout New England primarily on small-scale diversified vegetable and livestock operations. Her background is in biology and agricultural sciences with a focus in plant pathology. Bella is starting her own small farm enterprises and hopes to further her education in agriculture, plant pathology, and forestry. She is also a certified yoga instructor.

Learning Objectives

- Ocean farming basics.
- The types of competing (and collaborative) industries on Maine's waterfront.
- The scale of the thing. Ergonomic impact.
- Conflicting interests: regulations and gentrification.
- How can we help?





Zone 1 - Overview

Temporary changes or detects in aids to navigation are not indicated on this chart. See Local Notice to Mariners.

During some winter months or when endangered by ice, certain aids to navigation are replaced by other types or removed. For details see U.S. Coast Guard Light List.

RADAR REFLECTORS

Radar reflectors have been placed on many floating aids to navigation. Individual radar reflector identification on these aids has been omitted from this chart.

WARNING

The prudent mariner will not rely solely on any single aid to navigation, particularly on floating aids. See U.S. Coast Guard Light List and U.S. Coast Pilot for details.

POLLUTION REPORTS

Report all spills of oil and hazardous substances to the National Response Center via 1-800-424-8802 (toll free), or to the nearest U.S. Coast Guard facility if telephone communication is impossible (33 CFR 153).

HORIZONTAL DATUM

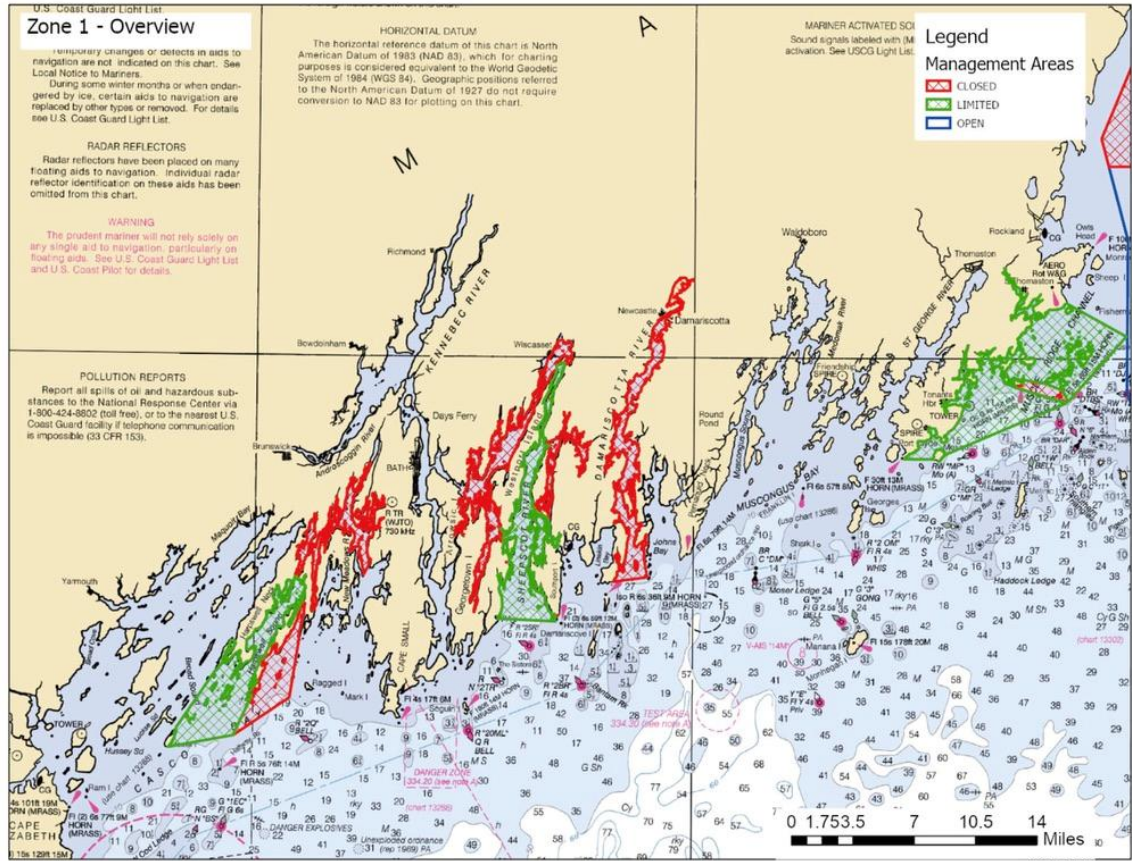
The horizontal reference datum of this chart is North American Datum of 1983 (NAD 83), which for charting purposes is considered equivalent to the World Geodetic System of 1984 (WGS 84). Geographic positions referred to the North American Datum of 1927 do not require conversion to NAD 83 for plotting on this chart.

MARINER ACTIVATED SOUND SIGNALS

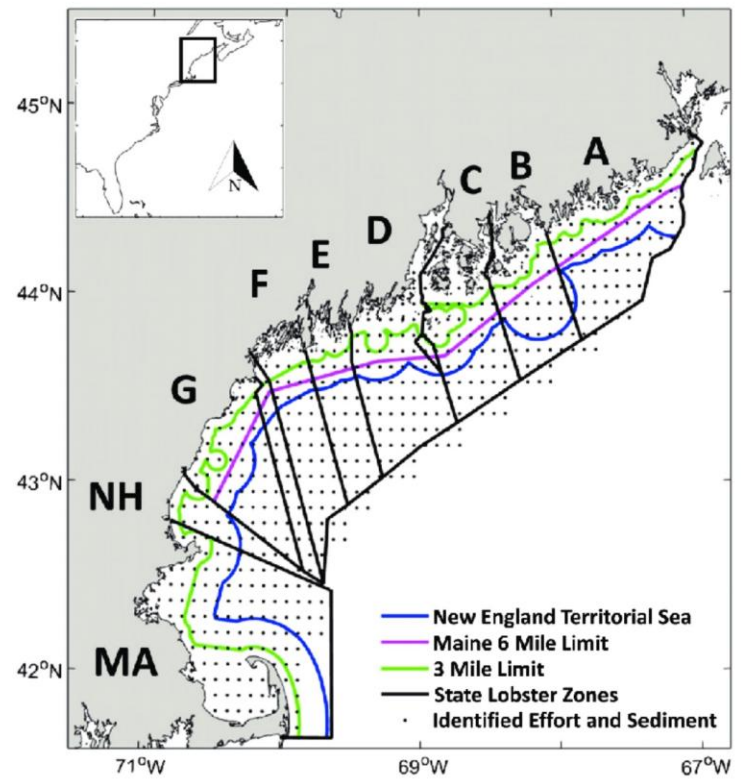
Sound signals listed with M activation. See USCG Light List.

Legend

- Management Areas**
- ▨ CLOSED
 - ▨ LIMITED
 - ▨ OPEN



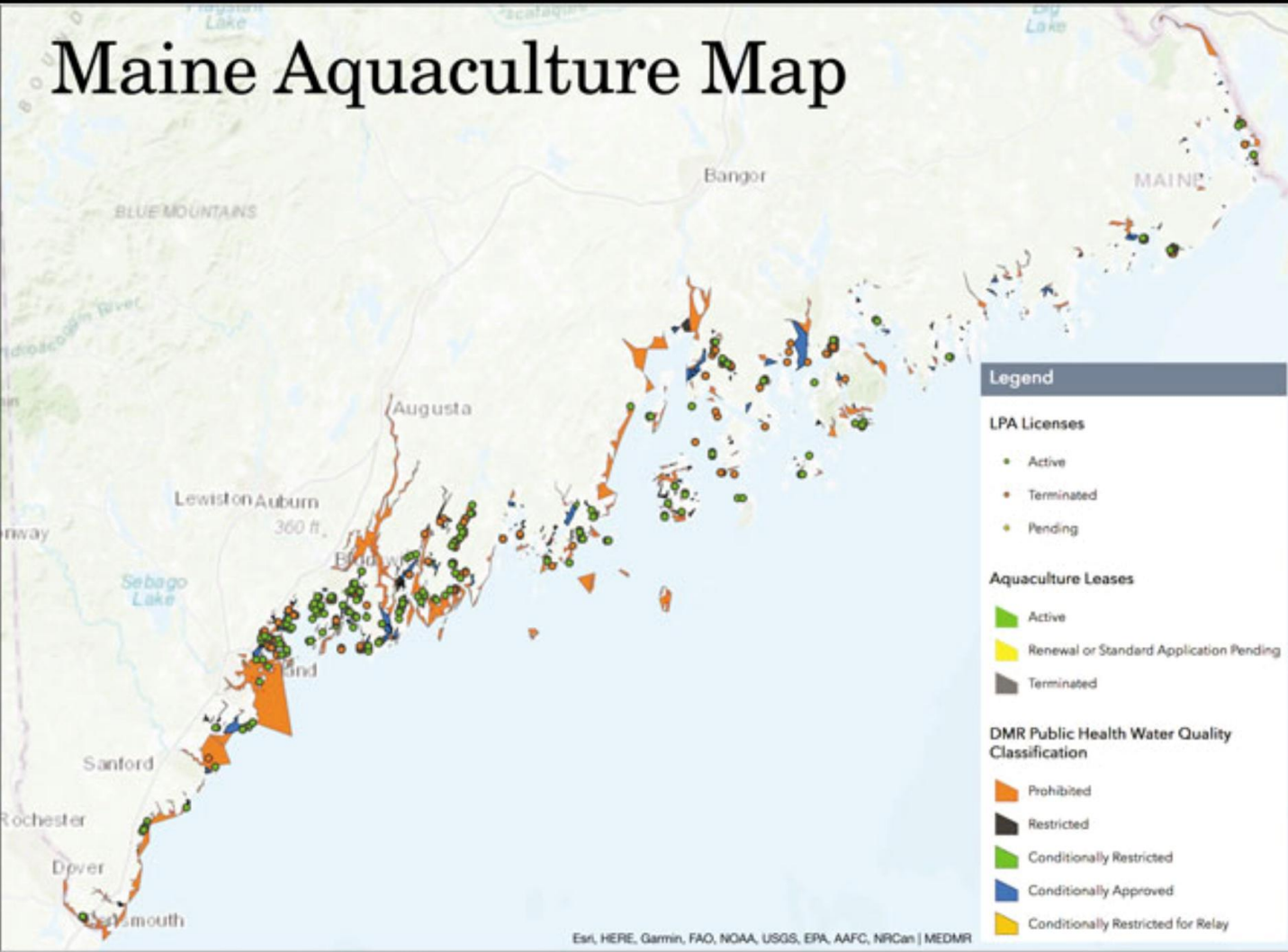
Maine Lobster Management Zones



<https://www.maine.gov/dmr/home>



Maine Aquaculture Map



Maine DMR Map
Published in
Fishermen's
Voice 2018

Maine Aquaculture 101



What is being farmed in Maine?

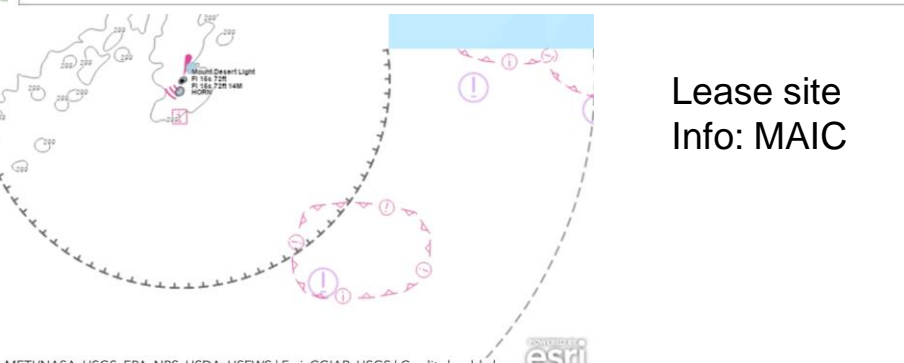
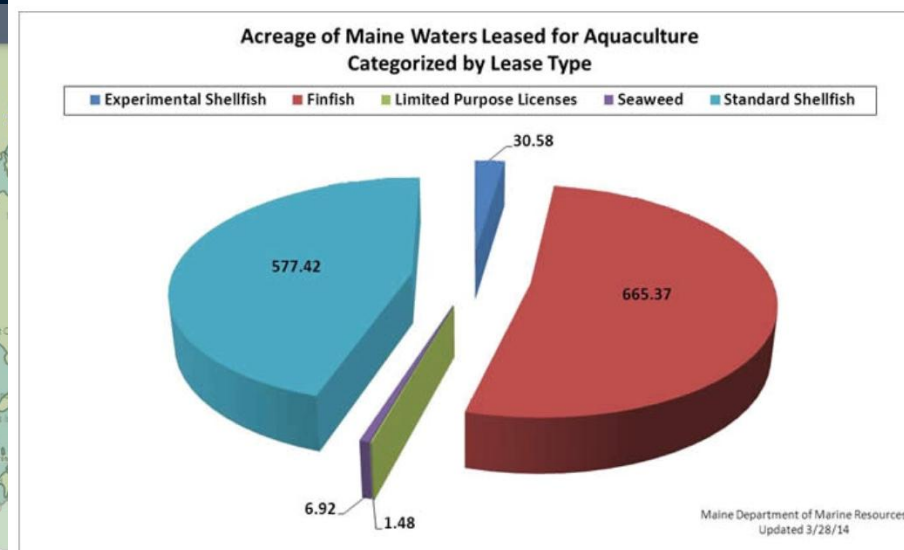
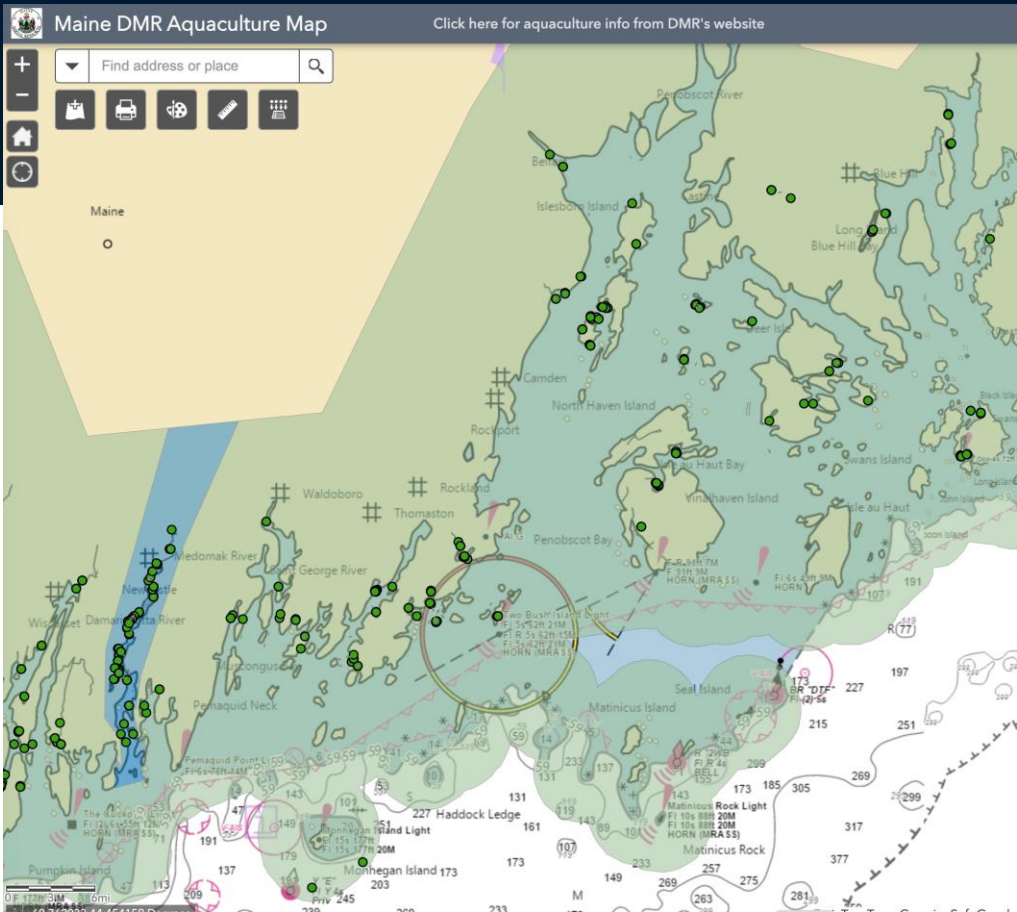
The most commonly cultivated species in Maine aquaculture include eastern oysters, blue mussels, kelp/other sea vegetables, sea scallops, and Atlantic salmon. A few operations have been experimenting with hard clams and sea urchins.



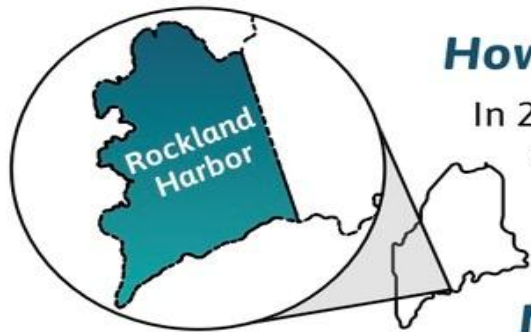
Types of commercial aquaculture leases in Maine:

Marine aquaculture leases in Maine are issued and regulated by the Maine Department of Marine Resources (DMR).

Lease Type	Duration	Can Renew?	Size Limit	Application Requirements
Limited Purpose Aquaculture (LPA)	1 year	Yes	max. 400ft ²	<ul style="list-style-type: none">• requires signature from a harbormaster or municipal official• each person may hold up to 4• designed to help farmers get into aquaculture
Experimental Lease	3 years	No	max. 4 acres	<ul style="list-style-type: none">• scoping session is at DMR's discretion.• public hearing must be held if 5(+) people request a hearing• applications must meet lease decision criteria (see below)
Standard Lease	up to 20 years	Yes	max. 100 acres	<ul style="list-style-type: none">• each person may hold up to 10• applicants must notify landowners within 1,000 feet of the proposed site, meet with municipal officials, and host a public scoping session & public hearing adjudicated by DMR



Lease site
Info: MAIC



How big is aquaculture in Maine?

In 2023, less than .0005% of state waters in Maine were occupied by aquaculture leases (~1,700 out of 3.5 million total acres of state waters). To put that into context, all of Maine's existing aquaculture leases put side by side could fit inside of the Rockland breakwater with room to spare.

Maine Aquaculture by the Numbers

700+

year-round
employees across
200 farms

99%

of Maine sea
farms are
family owned

2%

average growth
rate over last
20 years

\$85-\$110

million a year
in sales

1 in 6

Maine sea farmers
also holds a
commercial
lobstering license

Maine aquaculture
produces among
the lowest carbon
footprint of any
animal protein

25

diverse species of
finfish, shellfish, and
sea vegetables are
farmed in Maine

What criteria are used by DMR in issuing an aquaculture lease decision?

In evaluating the proposed lease, the commissioner shall consider the **number and density of existing aquaculture leases** in an area and may grant the lease if the proposed lease meets the following conditions as defined by rule:

- **The lease will not unreasonably interfere with:**
 - **the ingress and egress of riparian owners**
 - **navigation**
 - **fishing or other uses of the area**
 - **significant wildlife habitat and marine habitat**
 - **public use or enjoyment within 1,000 feet** of a beach, park or docking facility owned by the Federal Government, the State Government or a municipal governmental agency or certain conserved lands
- The applicant has demonstrated that **there is an available source of organisms to be cultured for the lease site**
- For standard leases:
 - The lease will **not result in unreasonable impact from noise or light at the boundaries of the lease site**
 - The lease **must be in compliance with visual impact criteria** adopted by the commissioner relating to color, height, shape, and mass



**Northeastern students find ‘pearls’
harvesting oysters in Maine**

Photo by Alyssa Stone





IN A HALF SHELL

Mook Sea Farm photos





Harvesting oysters



Eric Horne and Valy Staverlync of Maine Oysters, Inc.

Maine Oysters, Inc





John Cotton – a FishAbility client
Photos from Ice House Oysters









John Cotton - seaweed
Photos Natalie Chalfant



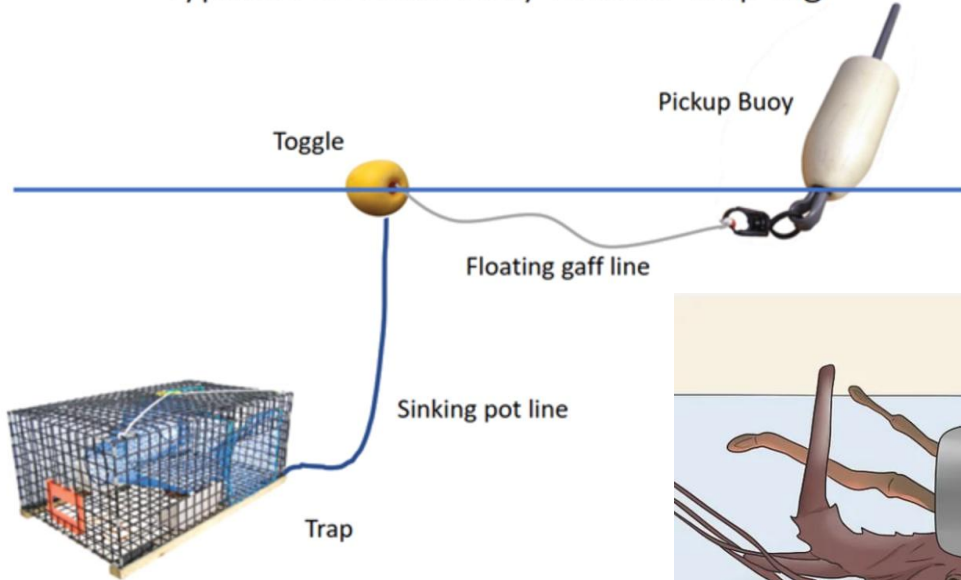


LARGER SCALE FARMS + OTHER SPECIES

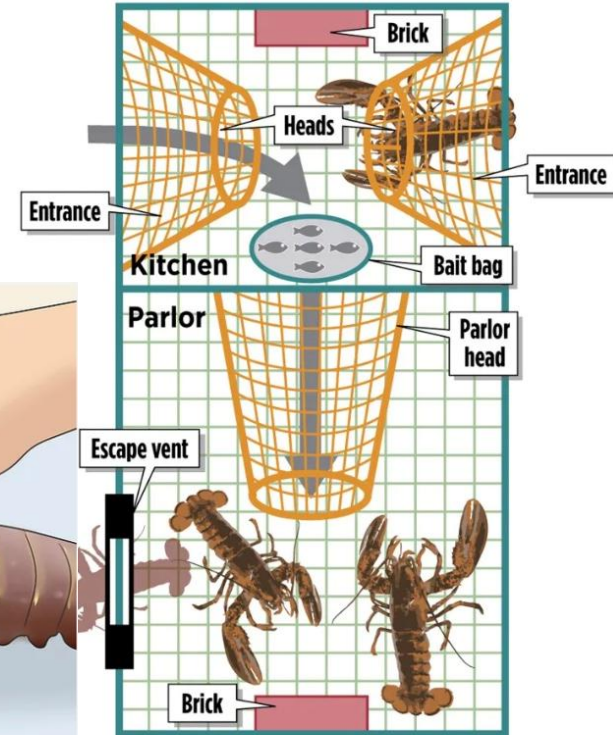
- <https://www.youtube.com/watch?v=ymhoestH9x0>
- <https://www.youtube.com/watch?v=iMmnyTdfhYs>
- <https://www.youtube.com/watch?v=lmzMTQZItF0>
- <https://www.youtube.com/watch?v=dQMesOLFV0w>

Heritage Fishery: Lobster

Typical Penobscot Bay Lobster Trap Rig



Top view of an existing lobster trap

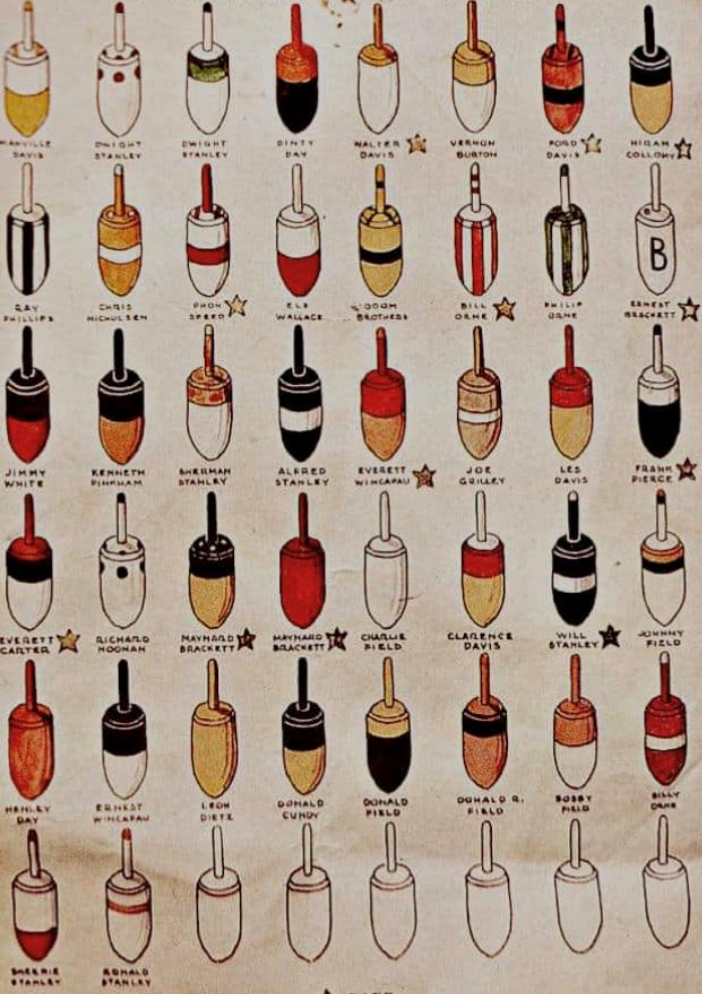


wikiHow to Catch Lobsters

STAFF GRAPHIC | MICHAEL FISHER

Blue Water Sailing Club; WikiHow;
Portland Press Herald

MONHEGAN ISLAND LOBSTER BUCKS - 1960 EDITION



★ DIED

©1960 BY LUIS MARDEP



TROUBLED WATERS

St. George	Schroeder, Jeffrey	Turkey Cove, St. George River	2 acres	Shellfish	3 yrs	App rec'd 6/1/23; site visit completed
St. George	Tarbox, Brian	NW of Norton Isl, Wheeler Bay	3.99 acres	Marine Algae	3 yrs	App rec'd 6/22/23; comments due 7/22/23
Steuben	Pinkham, Randy	E of Chair Pond Head, Pigeon Hill Bay	3.99 acres	Marine Algae	3 yrs	Apps 1&2 rec'd 3/28/23; comments due 4/29/22
Steuben	Sokoloski, Victor	E of Chair Pond Head, Pigeon Hill Bay	3.99 acres	Marine Algae	3 yrs	Apps 1&2 rec'd 3/28/23; comments due 4/29/22
Stonington	Greenhead Lobster LLC	Penobscot Bay	3.5 acres	Shellfish	3 yrs	App rec'd 10/12/23; comments due 11/11/23
Stonington	Greenhead Lobster LLC	Between East Penobscot Bay and Jericho Bay	4 acres	Marine Algae	3 yrs	App rec'd 10/12/23; comments due 11/11/23
Waldoboro	Bennett, T & Simmons, A	N of Haystack Island, Medomak River	2.52 acres	Shellfish	3 yrs	App rec'd 3/3/22; site report published
Walpole	Dodge Cove Marine Farm	N of Glidden Ldg, W of Fitch Cv, Damariscotta Rvr	1.9 acres	Shellfish	3 yrs	App rec'd 3/21/23; site visit completed
Yarmouth	Gerber, Caitlin	SE of Moshier Island, Casco Bay	4 acres	Marine Algae	3 yrs	App rec'd 8/25/22; site visit completed
Yarmouth & Freeport	Dirigo Marine Resources	NE of Moshier Island, Casco Bay, Yarmouth &	3.9 acres	Marine Algae	3 yrs	App rec'd 8/4/22; site report published
York	So ME Sustainable Shellfish	W of Sewall's Bridge, York Rvr	0.97 acres	Shellfish	3 yrs	App rec'd 3/21/22; site visit completed

Understand the process! You can make a difference!



V-notching female egg-bearing lobsters is a longstanding practice in the Maine lobster fishery. Photo R. Bukaty AP.

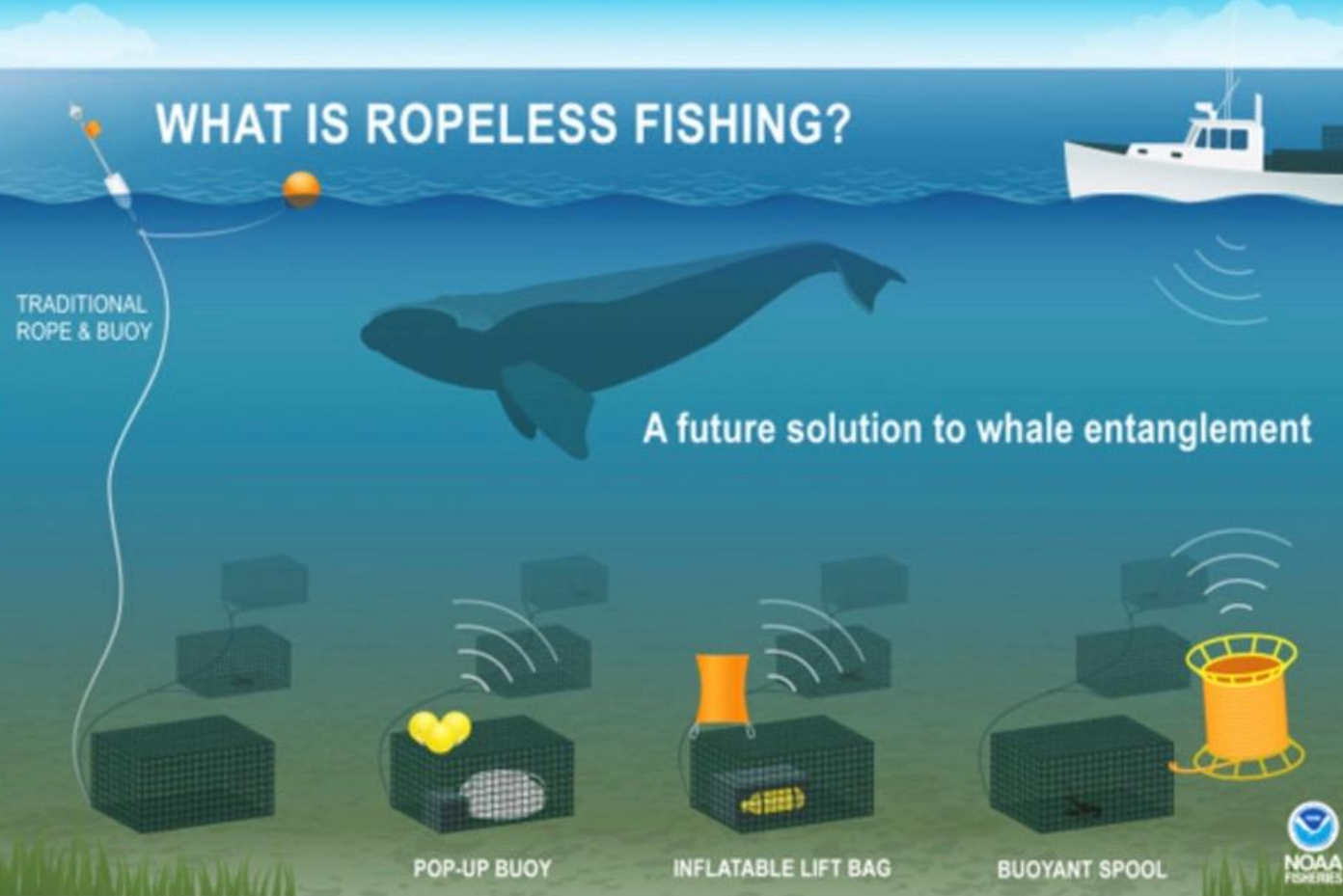
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Standard Lease Applications: Terms Up to 20 Years, Size to 100 Acres, Renewable

Bar Harbor	Pemaquid Mussel Farms LLC	Mt Desert narrows, E of Googins Ledge	32 acres	Shellfish	20 yrs	Lease Granted 8/31/23
Bay Harbor	Acadia Aqua Farms LLC	SW of Googins Ledge, Frenchman Bay	48 acres	Shellfish	20 yrs	Hearing completed 3/28/22
Beals	Downeast Institute	Near Mud Hole Pt/Eastern Bay, Mud Hold Cove	3.95 acres	Shellfish	20 yrs	Scoping Session 12/6/23 6pm Downeast Institute
Beals	The Flying Place LLC	W of Beals-Great Wass Cswy, Flying Place Pound	5.57 acres	Shellfish	20 yrs	App rec'd 3/21/23; site review TBD
Boothbay Harbor	Yentsch, Carlton	W of Samoset Rd, Bottle Cove	1.12 acres	Shellfish	20 yrs	App rec'd 10/27/22; site visit completed
Brunswick	Ferda Farms LLC	E of Lower Coombs Isl, New Meadows Rvr	2.33 acres	Shellfish	20 yrs	App rec'd 2/28/22; site visit completed
Chebeague Isl	Great Ledge Cove Seafood LLC	NE 1/1 Chebeague Isl, Wstrn Chandlers Cv	6.85 acres	Marine Algae	20 yrs	Public Hearing 8/15/23 1:30pm Chebeague Island Hall
Chebeague Isl	Hunt, Stewart	N/NE of Seal Ledge, Casco Bay	13.75 acres	Shellfish/Algae	20 yrs	Lease Granted 9/2/23
Chebeague Isl	Linda Kate Kelp LLC	SW of Basket Isl, Casco Bay	16 acres	Marine Algae	20 yrs	Scoping session 11/17/23 3pm Chebeague Island Hall
Damariscotta	Mook Sea Farms Inc.	Days Cove, Damariscotta Rvr	4 acres	Shellfish	20 yrs	App rec'd 11/8/22; site visit completed

Landings, MLA





U.Maine image



Despite challenges, trials of ropeless fishing gear show promising results. Photo: NOAA Fisheries.



Henry Allens Seafood is one among many lobster wharves heavily damaged by the storm that blasted the Maine coast on Wednesday, Jan. 10. Another storm is approaching and due to hit on Saturday. Photo courtesy of Henry



Credit: Port Clyde Fishermen's Coop



Two people walk along the Seawall section of Route 102A on Mount Desert Island in Maine Saturday, January 13, 2024. The scenic road is among many places spread along Maine's coast that were severely damaged this week in two storms three days apart. Credit: Bill Trotter / BDN

January 10 and 13, 2024 – 60% of Maine's Working Waterfront damaged, or 90 million dollars worth. Astronomical high tides, with unusual Southwest winds, water surged.



INDUSTRY TENSIONS

Loss of bottom – Aquaculture + Wind + Whales

Loss of resource – Lobster migration + Storms

Loss of Infrastructure – Gentrification + Storms

Loss of Market – Costs of Fishing + Regulations

Loss of Family business – see all above

= Tensions for Fishermen

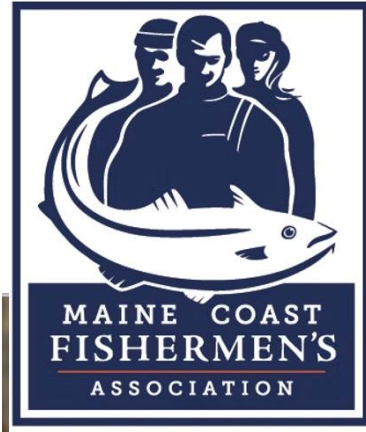
And for Farmers



We are



New England Fishermen's Stewardship Association



It's time for an honest conversation about aquaculture

OPPOSITION MAY NOT BE AUTHENTIC, OR REALITY BASED

BY BENJAMIN FORD
POSTED 2025-02-20
LAST MODIFIED 2025-02-20

MAINE CENTER FOR COASTAL FISHERIES





Ground Fishing + Shrimp

“I go lobster fishing to pay for my ground fishing habit.”



Working waterfront infrastructure

● Client Case Study

Ferda Farms – since 2018

Chris Burtis (age 56) + son Max produce roughly 200,000 oysters per year on two acres

Back pain, cancer diagnosis, herniated discs

2023 work became more and more uncomfortable

2024 had to stop but would like to resume work on the farm

Site visits in June of 2024 (farm assessment) and August of 2024 (AT)

100,000k worth of equipment recommended to get Chris back to work.

Hydraulic arm, hull, washer conveyor and counter.





Photo showing the workflow, tumbling machine, and orange bushel crates.



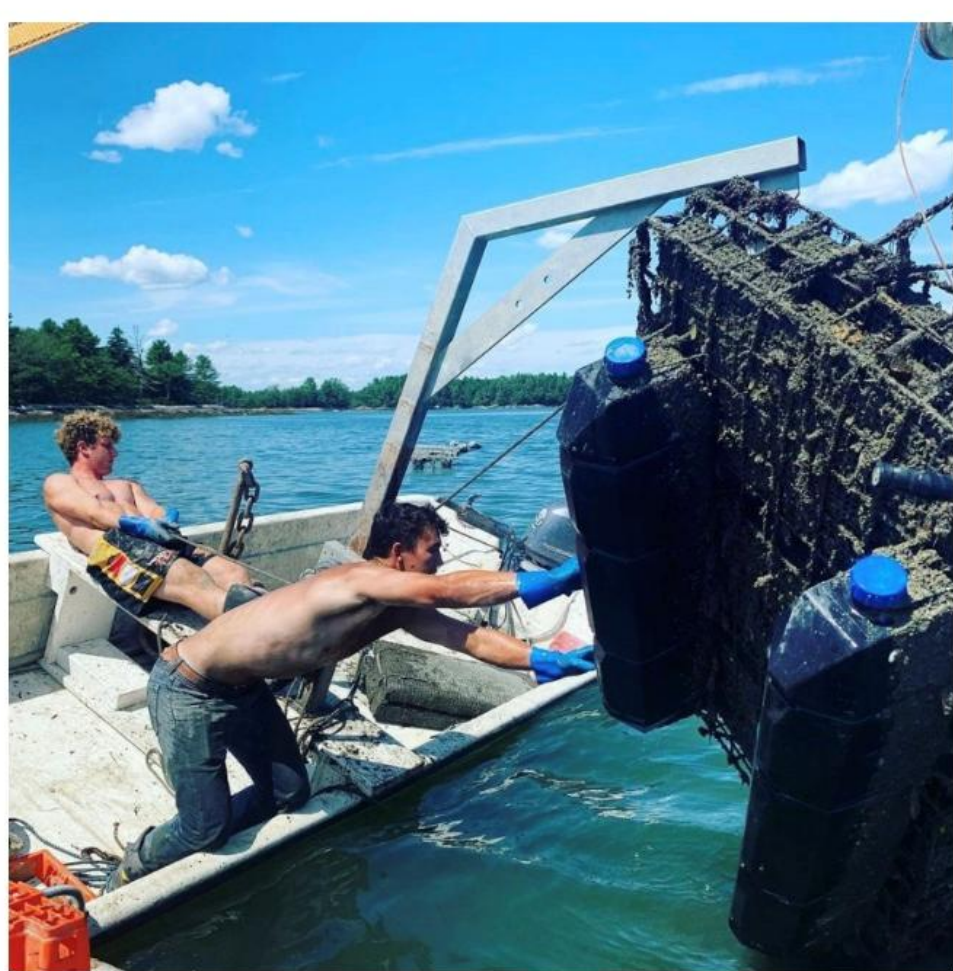
Photo of a farmer washing oysters in an orange bushel crate.



Two oyster farmers manually flipping a cage into the defouling position.



Photo of oyster farmers picking up bags from a cage on a longline.



Raising a cage and attaching blue caps.

Frequency	Points
once per season	1
1-2 times per week	2
3-4 times per week	3
5+ times per week	4

Physical Strain	Points
low	1
medium	2
high	3
severe	4

Frequency and physical strain scores.

Task	Frequency	Physical Strain	Priority Score
Picking up and Returning Bags	4	3	12
Tumbling and Culling	3	2	6
Harvesting	2	3	6
Defouling	2	3	6
Raising the Farm	1	4	4
Rebagging	4	1	4
Sinking the Farm	1	3	3
Seeding	1	1	1

Task priority score = physical strain x frequency.

https://docs.google.com/document/d/1GSofbjGBPI4rFMTxAs5XLsrNGm2kgsOCQ_hjyH9jrBw/edit?tab=t.0-heading=h.m44tmqe74gcp



Photo of the washer, conveyor, and counting machine.

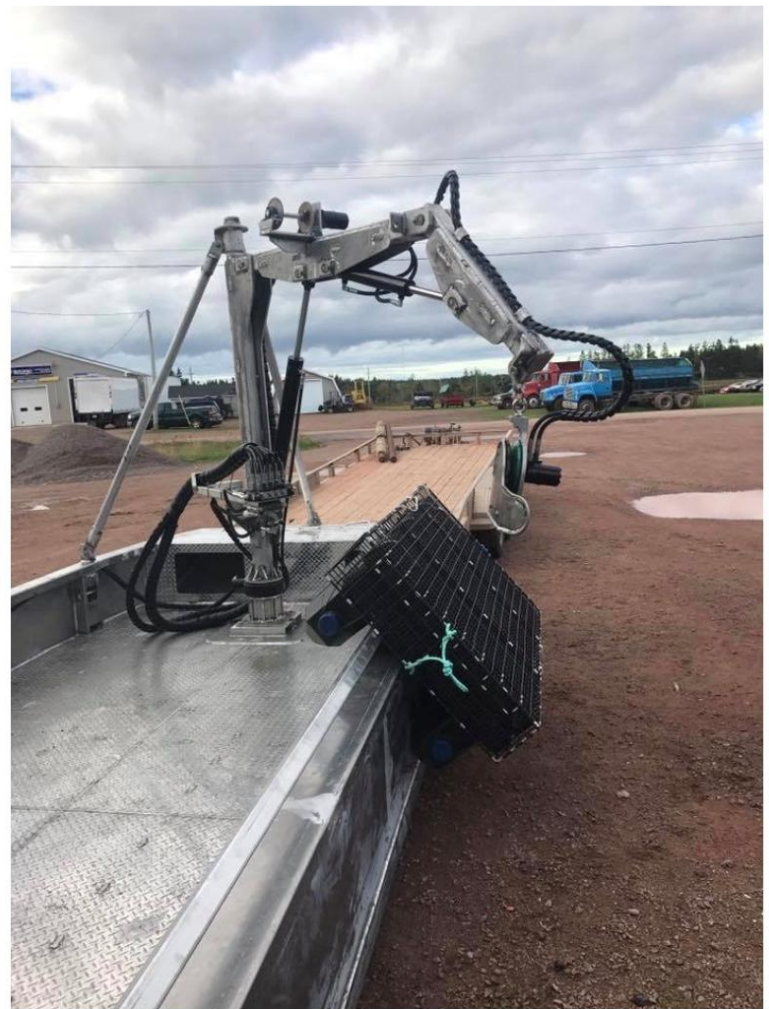


Photo of aluminum workboat, crane, and oyster cage.

INTAKE MODIFICATIONS

Client Type: Sternman / Crew

Type of Operation: **Wild Caught Fisheries**

- Lobster Trapping (800/400)
- Pelagic (90 ft +): Rod and Reel
Longline
- Groundfish: Longline
Trawler
Gillnetting

- Shellfish:
Digging
Dragging

- Sea Urchin Diving

The type of fishery will tell you what sort of vessel + conditions they are working in.

Days at Sea?

INTAKE MODIFICATIONS

Type of Operation: **Aquaculture / Mariculture**

Ocean-based

- **Seaweed (acres__)**
 - Off-shore lines
 - Shallow water culture
 - Intertidal
- **Shellfish (acres__)**
 - Oysters
 - Mussels
 - Scallops
 - Urchin
 - Clams

Land-based (sq. ft __)

- Finfish
- Seaweed
- Hatchery
- Other species

INTAKE MODIFICATIONS

Work Status on Farm:

Seasonal

Origin of Disability:

Fishing/Farming related incident

Boat / Gear / Machinery

Overboard incident

Are you are former member of:

Eastern Maine Skippers Program

MCFA programs

MAA Apprenticeship program



INTAKE MODIFICATIONS

Primary Goals of Client:

Improve my overall mobility or accessibility around vessel, floats, docks, farm.

Improve my ability to manage the fishing or farm operation successfully related to maintaining records.

Improve my abilities to handle the care of my farm, harvest and processing product.

Improve my abilities to handle the care of my vessel, gear and dockside tasks.

RESOURCES

Connect: Maine.AgrAbility@maine.edu

1.800.287.1478

Website:

<https://extension.umaine.edu/agrability/>

- On the website you can find
 - News
 - Network Connections
 - Solutions & Resources
 - Videos



Questions?

Thank you for attending!

Antonia (Toni) Small, E-RYT, YACEP

Maine AgrAbility + Oryx Worx LLC

toni@oryxworx.com

Bella Russo, Program Coordinator, RYT

Maine AgrAbility

Isabella.Russo1@maine.edu

